SILETZ NEWS

Confederated Tribes of Siletz Indians Vol. 48, No. 5 May 2020



Siletz News Confederated Tribes of Siletz Indians PO. Box 549 Siletz, OR 97380-0549

Delores Pigsley, Tribal Chairman Tina Retasket, Acting General Manager and Editor-in-Chief Presorted First-Class Mail U.S. Postage Paid - Permit No. 178 Salem, OR

477-Self Sufficiency Program still providing essential services amid COVID-19

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the Tribe's 11-county service area.

Due to Covid-19, all Tribal offices are closed to the public. We still accept applications and conduct appointments over the phone and through email. SSP has prioritized the following services:

 Pre-Temporary Assistance for Needy Families (Pre-TANF)/Non-Recurrent **Short-Term Benefits:** Siletz families below 185% of the federal poverty level (FPL) may be eligible for short-term financial assistance that doesn't exceed four months. The financial assistance is meant to provide basic needs and address short-term emergent needs.

Regular Temporary Assistance for Needy Families: Siletz families below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs

- General Assistance for Single Adults: Siletz single adults below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs
- **Emergency Assistance:** Siletz families or single adults may be eligible for support services to prevent eviction or utility shut-off. Income guidelines apply.
- **Classroom Training:** The program is still providing financial assistance (tuition, stipends and support ser-

vices) to eligible American Indians attending GED, Higher Education or Vocational/Occupational Training.

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local Tribal office for an application. Additional eligibility criteria apply.

SSP staff will reach out to you by phone or email. You can also email 477SSP@ctsi.nsn.us for more information. Please include your name, phone number and the city/county in which you reside.

Important school closure announcements on COVID-19 education response efforts

The Tribal Education staff wants families to know that while this is a scary time, it's important to know:

- 1. Check your student's school or district website regularly for updates to distance learning, Chromebook/laptop checkout processes and meal distribution sites. The Tribal website (ctsi.nsn.us) updates school links as information comes in.
- 2. Oregon schools had until April 13 to implement distance learning for their students. Some schools may have gotten this up and running sooner. Distance learning is required learning and is important for your student.
- 3. Districts are providing Chromebooks/

laptops for students to use at home – contact your school for checkout options and pickup sites. Many schools are also helping with access to the Internet. Many Internet providers are eliminating or reducing their fees. Check with your carrier.

- 4. Districts are also providing paper packets for students who do not have access to the Internet or have other barriers to digital learning For Supplemental Learning - more information to come on distance learning options.
- Respond to your districts promptly if they reach out to you regarding your needs. They need to hear from you so they can better serve every student.

If you experience any barriers to communicating with your student's school or accessing distance learning for your student, please reach out to your area education specialist. We are all in this together.

Contact your Tribal education specialist if you need help connecting with your child's school:

Siletz Area: Alissa Lane-Keene, alissal@ctsi.nsn.us

Salem Area: Sonya Moody-Jurado, sonyamj@ctsi.nsn.us

Portland Area: Katy Holland, katyh@ ctsi.nsn.us

Eugene Area: Nick Viles, nickv@ctsi.



Courtesy photo by Joyce Retherford

Members of the Siletz Valley Fire District continue to serve their community by volunteering to help the Tribe's USDA food distribution program pack 183 food boxes, feeding 228 people in need. Those involved include fire district volunteers Alex Yoder,

Zack Fluhr and Amber Fluhr; and board members Patti Skauge and Rick Olsen.

CTSI - COVID-19 Pandemic Response

This month's edition of *Siletz News* is full of information and resources regarding the pandemic and what programs and services may be available to you. Tribal staff continues to work primarily from home and only a handful of staff is actually in the office at any given time.

Our goal is – and remains – to continue to provide quality essential services in new creative ways. Things change on a daily basis and we work hard to respond to those changes.

In addition to providing services by telephone and email, we developed a phone tree for the Tribe's main switchboard. Callers can select program services from the menu and we have staff to respond during the regular work day. If you get a message, please leave your name and number and someone will get back to you.

The Community Health program developed a resource line for Tribal members to call if they need help accessing essential services – 541-444-9613. Elders receive calls weekly or bi-monthly, based on their preference, and staff are working hard to help elders meet their needs while keeping them safe at home.

If you are an elder who has not received a call, it means we do not have a current telephone number for you. Please contact the Enrollment Department at 541-444-8258 or 800-922-1399, ext. 1258, to update your information.

A drop box was installed at the back of the Tribal administration building in Siletz for Tribal members to drop off applications or payments. It is checked daily and information received is routed to the appropriate program for processing.

Students are impacted by the pandemic and school closures. Our Education staff continues to provide support and assistance to help students continue their education through virtual platforms.

Staff developed a youth Facebook page and offer daily activities. By the time you read this, they will have helped sponsor a virtual pow-wow. Please sign onto the page at www.facebook.com/CTSIyouth.

We recognize that many of our graduating seniors will not have the opportunity to participate in the usual activities – senior prom, graduation, eagle feather ceremonies and more. We want to do a special tribute to our graduating seniors and would like families to send us a photo along with the name of the school from which the student is graduating and brief information about their future plans. Send it to CTSI, Graduating Seniors, P.O. Box 549, Siletz, OR 97380-0549.

Please stay safe at home and let us know how we can assist.

Tina Retasket, Acting GM tinar@ctsi.nsn.us; 541-444-8210; 800-922-1399, ext. 1210

CTSI Resource Call Line

To help connect Tribal members and their families to local resources. This could include things such as food, housing, and other essentials.



Call us at 541-444-9613.

We will be taking calls Monday through Friday between 9am-3pm.

Chairman's Report

Coronavirus - COVID-19

I hope you are all well and staying reasonably occupied during these trying times. The COVID-19 virus has the Tribe in an emergency state that can't be compared to any other.

The Tribe has taken the epidemic very seriously and taken all the precautions to protect the Tribe and our communities. Essential personnel remain on duty in the office/clinic while others remain working at home. Program funds have allowed us to pay employees of the Tribe to be on paid leave.

The clinic remains open but prefers that patients call in to receive advice before going to the clinic. They are taking all precautions to protect patients.

The Tribe has not had any confirmed COVID-19 cases at this time. Lincoln County has a very low rate of cases, however, Washington, Multnomah and Marion counties lead the state in confirmed cases.

The Indian Health Service has provided personal protective equipment and funds to purchase additional supplies dealing with the virus.

Conference and consultation calls have been many to keep Tribes informed of the latest news covering this issue.

With the exception on the Navajo Tribe, other Tribes have not been hit hard with the virus.

Chinook Winds Casino Resort

Chinook Winds was closed in mid-March. All employees were paid for the first two weeks of closure of the casino. Essential staff remain on duty to complete deep cleaning, repair and replacement, facility enhancement and security duties for the entire facility.

Seven hundred twenty (720) employees have since been furloughed until further notice. On April 15, the golf course re-opened with new rules in place to protect clients. Aces Sports Bar & Grill remains closed at this time.

Plans are being considered for the day when the casino can reopen. That date is unknown.

With the three legislative acts passed by Congress to assist Tribes in dealing with the layoffs and all the bad effects of the virus, no funds have been allocated to assist with the closure of Tribal gaming operations.

Staff and council have been involved in many conference calls and collaboration with the Indian Health Service, Bureau of Indian Affairs and various other state and government organizations.

Oregon Gov. Kate Brown holds conference calls with the Oregon Tribes and has been extremely helpful in assisting Tribes through this pandemic.

The White House hosts calls to keep Tribes across the nation informed.

Congressman Kurt Schrader has reached out to our Tribe to determine our status, provide assistance and ask for recommendations for help.

Sens. Ron Wyden and Jeff Merkley have supported Tribal efforts to provide guidance on how the \$8 billion distributed to Tribes under the CARES Act will be allocated. It is not clear at this time how that will happen, but the Treasury should have started to distribute funds as early as April 17. The money must be used to assist in disease-related expenses.

Employment benefits

Filing and receiving unemployment claims has been extremely slow. We were informed that several hundred state employees have been hired to speed up the process, but they are working with an antiquated system.

\$1,200 payment

Several thousand Treasury payments have been processed for folks who have



Delores Pigsley

direct deposit. Some of our membership have reported receiving those payments; hopefully all will get paid as funds are very much needed.

We will keep you informed of any new developments with regards to opening up for business. The news has been very busy keeping all informed.

Stay home, stay healthy.

Notice to members regarding the Memorial Day Ceremony on May 25, 2020

Due to the COVID-19 (coronavirus) pandemic, to keep our membership safe, the May 25, 2020, Memorial Day Ceremony will not be held this year. The decision was not an easy one to make, but during this challenging time the health and welfare of the membership had to be taken into consideration.

Families may still attend to their family gravesites, but we strongly encourage social distancing measures. We want to ensure the membership that the council is doing what is best to keep you safe and healthy.

Tribal Chairman Delores Pigsley

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name:	 	
Address:	 	
Phone:		

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News P.O. Box 549 Siletz, OR 97380-0549

541-444-8291 or 800-922-1399, ext. 1291

Fax: 541-444-2307

Email: pias@ctsi.nsn.us

Deadline for the June issue is May 11.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

Tenas Illahee Childcare Center Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

National Congress of American Indians Call to Artists!

NCAI is holding its 77th Annual Convention & Marketplace on Nov. 8-13, 2020, in Portland, Ore., and is seeking artwork for the conference program cover from local Native artists in the Northwest region.

The artwork will be featured on the program cover with the artist's biography appearing on the back cover and in the marketing email broadcasts. One thousand nine hundred⁺ copies of the conference program will be printed, providing for broad exposure of the winning submission.

In addition, the winning artist will be offered a complimentary booth at the NCAI Marketplace.

Please submit original art in digital form by July 17, 2020.

If you have any questions, contact Amy Gay, director conferences and events, at 202-466-7767 or agay@ncai.org.

Submit to:

NCAI C/O Amy Gay 1516 P St. NW Washington, D.C. 20005

Or agay@ncai.org

Temporary Tribal Student Assistance Program

ment's Temporary Tribal Student Assistance Program (TTSAP) will accept applications for the 2020-2021 academic year beginning May 1, 2020.

Program Information

- TTSAP assists Tribal students who will be attending a college, university, vocational or trade school.
- TTSAP is a time-limited program. Funding is for one academic year.

- The Siletz Tribal Housing Depart- \quad TTSAP assists students with rent or room and board in a dormitory.
 - The student's share of the rent is 30 percent of their adjusted annual income. Important Note: The student might be required to remit a portion of the rent. For example, if a student is working the wages will affect the student's share of the rent.
 - Assistance is not transferable.

STHD will accept applications from May 1 through May 31, 2020. If applica-

tions are received after May 31, they will not be accepted by the Siletz Tribal Housing Department.

To obtain an application, please call 800-922-1399, ext. 1315, or 541-444-8315. Applications can also be downloaded from the Siletz Tribal website at ctsi.nsn.us.

Cecelia De Anda (ceceliad@ctsi.nsn.us) Rental Assistance Program Coordinator/

Resident Services Advocate

From the **Siletz Community Dental Clinic**

Due to current COVID-19 regulations, the orthodontic screening dates for 2020 in April and May have been postponed at this time. All patients who had scheduled for the April and May dates will be contacted with a new date once that day has been chosen.

Thanks for your understanding.

Important Notice Regarding 2020 **Per Capita**

If you believe you are going to have a per capita garnishment either for a debt to the Tribe or for child support, you will receive a notice and the protest forms in the mail. Please keep your address current with the Enrollment Department.

Monies owed to the Tribe: There will be no hearings. Your written protest is your due process in accordance with the ordinance.

Child Support: If you do not submit a written protest, you will not have a hearing scheduled. If you do not submit a written protest within the 14 day time frame, you will not be allowed to do so via phone.

Tribal Court will accept requests to be present via telephone in your written request.

Ordinances are created by Tribal Council. Changes in ordinances must be directed to the Tribal Council.

Win \$15 Taco Bell gift cards

Be one of the first 100 people to text the word Oregon to 33339 and win a \$15 Taco Bell gift card.

Then email your name, mailing address and phone number to CompleteCount-Committee@ctsi.nsn.us.

You will receive occasional texts from Dancing Hearts Consulting encouraging you to respond to the 2020 Census and telling you why it's important to you.

Tribal employment information is available at ctsi.nsn.us.

Vacancy for Housing Standing Committee Open Until Filled

Any Tribal member interested in consideration to serve on a Tribal Standing Committee is encouraged to fill out this form and return to the council office.

Please mail or fax your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name:	Roll No.:
Address:	
City:	State:ZIP:
Telephone: Day ()	_Evening()

If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.

Election Board Application

Tribal members interested in volunteering to serve on the Election Board are encouraged to fill out this form and return it to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549 or fax 541-444-8325.

The Election Board consists of three board members and one alternate board member. Applications for consideration will be accepted through June 18, 2020.

Name:	Roll No.:	
Address:		
City:	State:ZIP:	
Telephone: Day()	Evening()	

For additional information regarding responsibilities and duties of the Election Board, please refer to the Tribe's website – ctsi.nsn.us; under the Government Listing tab select Tribal Ordinances and then select Election Ordinance.

For more information about the Siletz Tribe, visit ctsi.nsn.us.

How to access language materials online

Ch'ee-la xwii-t'i (Greetings everyone)

To assist Tribal members during this time of social distancing and the interruption of our normal schedules, this tutorial on how to access language materials and recordings from the Tribal website has been developed. I hope you and your families are safe and healthy during this time. Hopefully many folks can access these materials from the safety of their homes.

Go to www.ctsi.nsn.us. Enter in your roll number and last four digits of your Social security number to log on to the Tribal member access area.

Click on "Our Heritage." On the drop down, click on "Language."

Lots of written and recorded materials are available in this section. The Nuu-weeya' (Our Words) Language Dictionary is on this page. You can click on the selection A to Z to look up written English language words and their Athabaskan equivalent.

Also on this page are Siletz Dee-ni Volumes 1, 2 & 3. Just click on "Study Materials" and scroll down. Volume 1 contains lessons on body parts, counting, relatives, foods and table talk.

In these lessons, the written word on the screen is accompanied by audio of the word's pronunciation. Volume 2 contains animals, birds, colors, fish, greetings and

goodbyes, insects, and trees and brush. Volume 3 contains lessons on sentence structure and word order.

Each lesson has a complete practical alphabet sound chart. All three volumes have a word document and audio recording for each lesson. Tests are available if you want to use them.

To access the Siletz Talking Dictionary, click on Siletz Language website. Drop down three lines and click on www. siletzlanguage.org, go to the Talking Dictionary tab and click on it. The Siletz Talking Dictionary Page will appear.

Just below the words "Search for" is an empty white box. Type in the word you are searching for and click on the "search"

button just below the box. The word and the Athabaskan equivalent will appear just below the search box. To hear the word being spoken, simply click on the red ear icon on the left side of the page.

You may have to wait a few seconds for the page and sound to load, depending on your connectivity. Some of the words also have pictures.

Also on the www.siletzlanguage. org website are 14 Language learning videos and many other culture-related videos, materials and curriculum.

For more information, contact Bud Lane at 800-922-1399, ext. 8320; 541-444-8320; or budl@ctsi.nsn.us.

May USDA distribution dates, message

	Siletz	
Monday	May 4	9 a.m. – 3 p.m.
Tuesday	May 5	9 a.m. – 3 p.m.
Wednesday	May 6	9 a.m. – 3 p.m.
Thursday	May 7	9 a.m. – 3 p.m.
Friday	May 8	9 a.m. – 3 p.m.

Salem

Monday	May 18	1:30 – 6:30 p.m.
Tuesday	May 19	9 a.m. – 6:30 p.m.
Wednesday	May 20	9 a.m. – 6:30 p.m.
Thursday	May 21	By appt only

A message to all USDA clients

Because of the coronavirus, our warehouses will remain operational, however, doors will be locked. When it is your scheduled appointment time, we will do an auto-fill from your last month's issuance, fill the food boxes and bring them to your car. We will not require a signature on your shopping lists, but please, if you are missing something from your order be sure to call and we will set it aside for you. This will be the distribution practice until further notice.

We will not accept hand-delivered shopping lists. You can scan them and email them or fax them to us.

We ask that you please stay home and be healthy unless it is absolutely essential that you go out and about.

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Joyce Retherford, FDP Director 541-444-8393; joycer@ctsi.nsn.us Fax: 541-444-8306 or 503-391-4296

Sammy Hall, Waehouseman/Clerk 541-444-8279; sammyh@ctsi.nsn.us

Tipi Drawing

Name:	
Address:	
Phone:	Roll#:

For Siletz Tribal members to use during the Nesika Illahee Pow-Wow on Aug 7-9, 2020. One entry per household. Must be a Siletz Tribal member to enter.

Deadline for entries is June 1, 2020. Name will be drawn soon after the deadline. Return the form to Siletz Pow-Wow, Attn: Tipi Drawing, P.O. Box 549, Siletz, OR 97380-0549.

Note: You do not win the tipi. The drawing is only for a stay in the tipi during powwow weekend.

2020-2021 Siletz Royalty Applications

Applications are being accepted for 2020-2021 Miss Siletz, Junior Miss Siletz and Little Miss Siletz. Applications must be turned in by 4:30 p.m. no later than June 1, 2020. Applications should be sent to: Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

Applications can be downloaded from the Tribal website located under the Pow-Wow tab.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or buddyl@ctsi.nsn.us.

Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399

Salem Area Office – 503-390-9494 Portland Area Office – 503-238-1512

Eugene Area Office – 541-484-4234

Purchased Referred Care (PRC) – 800-628-5720

Siletz Clinic – 800-648-0449

Siletz Behavioral Health – 800-600-5599 Chinook Winds – 888-244-6665 Chemawa Health Clinic - 800-452-7823

Bureau of Indian Affairs - 800-323-8517

Website – www.ctsi.nsn.us

Let's focus on immune support in these uncertain times

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

In light of world events and the COVID-19 pandemic, let's focus on practical immunity. In my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Today's topic addresses natural ways to support immunity.

Seems that as the world faces this global pandemic, most people want to be well and protect those they love. While some are frantically buying supplies and having them shipped to their homes, others are looking within and taking stock of what they have. This includes basic supplies, knowledge and skills. We can create from what we have on hand and can forage or harvest what nature provides.

It is useful to focus on strengthening our terrain. Seventy percent (70%) of the immune system resides in the gutalso known as our microbiome. The key to health is really about balancing the microbiome.

None of the organisms are problems until some of them dominate. That is often when sickness occurs. Strengthening our terrain means supporting the balance and boosting what may be weak. To support our terrain in the most natural way, my focus is on three major topics. These include food, stress management and removal of waste.

Food and Drink: Good nutritional support is necessary for a properly functioning immune system. Drink clean water and consume foods that contain high amounts of water. Science is beginning to identify some special benefits from the water found in foods. Water filters are recommended to drink the safest water possible.

Eat colorful vegetables that also contain fiber. Some fiber feeds the microbiome. Include fermented foods to provide food for the microbiome. Avoid sugar because sugar knocks down your immune system. Include bitter foods that help get digestive juices flowing.

Be selective with food quality. Eat organic as much as possible or grow your own food without using harmful herbicides, pesticides or fungicides.

Enjoy your food and give thanks. Connect with spring plants and wild foods.

Nutritious and immune-supporting wild foods include plantain, cleavers, chickweed and stinging nettles (cooked). Many of these plants can be used in stirfries, soups or juiced. The stinging nettles should be cooked due to the possibility of being stung.

Chickweed is great in salad. Plantain and cleavers are best juiced. These vibrant green wild foods support our bodies via their vitamins, minerals, enzymes and ways we have yet to discover.

Stress: Manage the stress that is under your control. Chronic stress and fear can decrease the immune system. One of the most common assaults for many is Wi-Fi. Wi-Fi actually creates problems in the body by interfering with normal function.

Turn off your Wi-Fi at night, establish a sleep sanctuary that is dark and without electronics or Wi-Fi, if possible. Use an Ethernet cable for Internet vs. Wi-Fi.

Focus on grounding. The most straightforward way to accomplish this would be making contact with the earth outside. There are other grounding gadgets, but some of these actually can have other problems or interference when they are not properly grounded.

Body movement or exercise is another strategy to manage excess stress. Get adequate, restful sleep. Quiet time in nature as well as prayer and meditation can also be useful tools.

While expressing love and gratitude are important, I believe that a positive attitude alone is not enough. It is important to accept what is really happening and become aware of what is under our control to change.

Sometimes life presents us with very difficult challenges and stress management techniques help us find our center and priorities before we can choose an action. Bringing our focus to the present moment can support our body's immune system and our body's ability to heal.

Waste: Supporting the removal of waste includes having daily bowel movements and adequate hydration. Bowel movements are critical even if you need to use an aid, such as laxative herbs, enemas, suppositories or bulking agents. The goal is to use these aids only for the short term while finding the root cause to normalize bowel elimination and function.

Water is needed to hydrate your cells as well as to flush your body of wastes. Sometimes salted water may be needed for hydration if the water runs straight through your body. Adding chia seeds (approximately 1 tablespoon) in a water bottle can also support hydration.

Sweating is another way the body eliminates waste. Sometimes when you feel itchy, it is a sign of waste leaving your pores. Be sure to wash your skin to prevent toxins from going back into your skin again.

Deep cleansing breath is another way to eliminate through respiration. Please note: Our breath is one of the things we are focusing on in this COVID-19 pandemic to prevent spread of disease.

Detoxification strategies are also ways to eliminate the toxins or heavy metals from the body that interfere with immunity.

Excess emotions and fears can also be discharged with crying, laughing, yawning, shaking and moving large muscles.

In summary, there are many ways to support our immune system. In simple terms:

- Control what we take into our bodies with a focus on clean, nourishing food and water.
- Accept what is happening. Don't sugar coat world events. Focus on the present and choose to address what is within your power to manage stress.
- Support your body to eliminate waste in order to keep healthy.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.

Douglas Fir Tip Tea (or spruce tip tea)

Nice soothing nourishing spring tea. Pick the soft little bright green spring tips (new growth) that emerge from the outer edges of the branches. All you need is a small handful of tips from pine or spruce trees and hot water for a cup of tea.

Fir and spruce tips are known to be a source of Vitamin C. Fir and spruce tips and tea are also delicious. They may help to ground you and sooth your nervous system – all of which supports immunity.

Take Control of Your Future

Respond to the 2020 Census

You could earn your community \$3,000 dollars in funding per year.

Native Americans have historically been under counted in past censuses, thus losing out on hundreds of thousands of dollars in funding. Responding to the census helps direct federal funding into programs, aids, and grants for:

- Housing
- Employment
- Healthcare
- Education
- Childcare and Family Support
- and Urban and Rural Development

in Tribal communities across the country.



You only get one chance once a decade. Don't miss out.



See more about the 2020 Census on page 15.

If you have any questions about the 2020 Census, call 844-330-2020 or visit 2020census.gov.



CTSI Resource Call Line

To help connect Tribal members and their families to local resources. This could include things such as food, housing, and other essentials.



Call us at 541-444-9613. We will be taking calls Monday through Friday between 9am-3pm.

Tobacco Related Cancers for the Month of May

Risks from Smoking

Smoking can damage every part of the body **Chronic Diseases** Cancers Stroke **Head or Neck** Blindness Gum infection Lung • Aortic rupture Leukemia • **Heart disease** Pneumonia Stomach • Kidney • Pancreas • Chronic lung disease Colon • & asthma Reduced fertility Bladder • Hip fracture Cervix •

Melanoma and Skin: Cancers: Melanoma is a cancer that develops in melanocytes, the pigment cells present in the skin. It can be more serious than the other forms of skin cancer because of a tendency to spread to other parts of the body and cause serious illness and death. Because most melanomas occur on the skin where they can be seen, patients or their spouses are often the first to detect suspicious tumors. Caught early, most melanomas can be cured with relatively minor surgery.

Aortic rupture
 Heart disease
 Pneumonia
 Hardening of the arteries
 Chronic lung disease
 Reduced fertility
 Hip fracture
 Bladder Cancer: Bladder cancer is any of several types of cancer arising from the tissues of the urinary bladder. It is a disease in which cells grow abnormally and have the potential to spread to other parts of the body. Symptoms include blood in the urine, pain with urination, and low back pain. Risk factors for bladder cancer include smoking, family history, prior radiation therapy, frequent bladder infections, and exposure to certain chemicals. The most common type is transitional cell carcinoma.
 Other types include squamous cell carcinoma and adenocarcinoma.

Commercial Tobacco Quitline 1-800-QUIT-NOW Al/AN Line now available 1-800-784-8663 (option 7)

What Tribal Members need to know about COVID-19

What is coronavirus disease 2019 (COVID-19)?

Coronaviruses are a type of virus (germ) that can cause cold-like symptoms and sometimes serious problems with lungs and breathing. COVID-19 is a novel (new) coronavirus.

What are the symptoms of COVID-19?

Mild to severe respiratory illness, or problems with lungs and breathing. Symptoms include:

Fever, cough, and shortness of breath

How does COVID-19 spread?

Person to person by coughing, sneezing, or personal contact like touching or shaking hands. Someone with mild symptoms may spread the disease without knowing they are sick.

Who is most at risk?

Anyone can get COVID-19. Those at risk of severe illness include:

- o Elders and adults over 60 years of age,
- o People with heart disease, lung disease, or diabetes.

How can I protect myself and my family?

Stay at home. "Social distancing" is recommended. This means keeping your family at home and away from others who may be sick.

- If you must go out, try to stay 6 feet away from others.
- Avoid gatherings with other people.
- · Avoid touching your eyes, nose, and mouth.
- Do not shake hands, hug, or touch others.
- Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer.

Have there been cases of COVID-19 in our state?

Yes, there have been cases in all 50 states.





If someone gets sick, what can they do?

- If someone thinks they have been around someone with COVID-19 and they get a fever and symptoms such as cough or trouble breathing, they should call their healthcare provider or local Indian Health Service unit for medical advice.
- In an emergency, call 911.
- People who are mildly sick with COVID-19 do not need to see a healthcare provider and are able to recover at home.
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash and wash hands.
- Stay home and away from others for 14 days to avoid getting others sick.
- Caregivers should keep sick family members away from others in the home and clean and disinfect surfaces and items that are touched often, like door handles, sink handles, toilets, remote controls, etc.

Is there a vaccine or treatment?

There is no vaccine. The best way to reduce the risk of getting sick with COVID-19 is to practice social distancing and healthy habits like washing hands regularly.

There is no specific treatment for COVID-19, but medical care can help relieve symptoms. If you are sick, call your healthcare provider for instructions.

For more information: CDC.gov/coronavirus

Effective March 26, 2020 Source: CDC

Holly Sue Jackson - 1982-2020 -

Holly Sue Jackson, 37, was born on Christmas Eve, Dec. 24, 1982, to Denise Lyn Riding In and Victor Henry Jackson Jr. in Portland, Ore. She went home to the Creator with her daughter Natachee on March 31, 2020.

Holly was a beloved mother, daughter, granddaughter, sister, auntie, niece, cousin and friend. Holly was beautiful, loving and kind. She always put her family and friends first and traveled frequently to help us wherever and whenever she was needed.

Her love was powerful and she gifted us with light and laughter every time she was near. Holly had a presence about her all her life; she stayed confident, always radiating beauty, strength and style.

A highly intelligent, strong, independent Native woman, she embodied a true warrior. She was a role model and a pillar of her community; she excelled at everything she did. Her unconditional love and care will remain a precious gift in our hearts.

During her school years, Holly played baseball, basketball and was an avid member of the Native American Youth Association, where she met many lifelong friends. After attending Mt. Hood Community College, she traveled throughout the country, making memories and living life for the experiences.

She was a brilliant artist and her creative gift showed in her fashion, personal style, designs, beadwork and regalia. A member of the pow-wow circuit, she went on to become Miss Siletz 2006-2007.

She was always encouraging young people and had a wonderful way with children. Holly had a flair that brought energy to any event she attended and could make any day feel like a day to celebrate.

She was an accomplished photographer who shared her love of life through social media. Holly was a social butterfly and was at the heart of our family. She connected with so many on a spiritual level, to know her was to love her. She was truly a great woman.

Her heart was so full of happiness when she learned she would be a mother. Natachee was a miracle, a blessing and immediately Holly's baby girl was the center of her world.

Holly enjoyed spending time with her nephew and niece, going out, watching movies, beading, traveling, taking photos, swimming, going to Blazer games, going to pow-wows, cooking, dancing and visiting with family and friends. She enjoyed music and often gave gifts of compilations she generously made.

One of the best cooks, she knew how to plan a party and make it known how important we were to her on our special days. She was devoted to enriching the lives of her loved ones. She was a star in our eyes, the love of our life.

Holly and Natachee will be deeply missed. No words can express how much they meant to us all. We are eternally grateful for the time we had with these angels. Having touched so many lives, Holly's love and care will remain a precious gift in our memories.



Courtesy photo

Holly Sue Jackson

Holly and Natachee are survived by their grandmother, Doris Riding In (Portland, Ore.); mother, Denise Riding In (Portland); father, Victor Jackson Jr. (Klamath Falls, Ore.); sisters and brothers, Leah (Jeremy) Tycer (Chiloquin, Ore.), Vanessa Jackson (Davin Poole) (Eugene, Ore.), Vincent, Reginal, Odin Jackson (Klamath Falls); nephew and niece, Koa and Coral Poole (Eugene); special friend Zane Powless (Chiloquin, Ore.); numerous aunts, uncles, cousins and lifelong friends.

She was preceded in death by grandparents Marilynne and Victor Jackson Sr., and Robert Riding In; aunt, Dr. Debby Riding In; and uncles, Max and Matthew Jackson.

The family thanks everyone for the love and prayers during this difficult time. Services will be held in Siletz at a later date when it is safe and appropriate to do so.



Courtesy photos

Ann Lewis

County and the Five Oaks Museum (formerly the Washington County Museum) in Northwest Portland as well.

members of the Grand Ronde Tribe.

multiple community and economic development boards.

If you have any questions, contact Lewis at 541-992-5354.

Business Corporation.

Without a Trace by Ann Lewis



Lewis hired as STBC property manager

Ann Lewis has been hired as the commercial property manager for the Siletz Tribal

She is an enrolled member of the Grand Ronde Tribe and a direct descendent of

Lewis says it is an honor to work for the Siletz Tribe. She brings more than 25 years

In addition to her real estate career, Lewis spends much of her free time dabbling as an artist, working mostly with acrylics. She says this is more of a passion than a

the Siletz Tribe. Her lineal great-grandparents are Tillamook and Sarah Bobb,

members of the Tillamook Tribe; and her grandparents are Wilson Sr. and Ann Bobb,

of key management experience in marketing, investment and property management

of residential and commercial property, and Tribal trust land. She has also served on

career. She is excited to have had her works exhibited at many locations in Yamhill

Craduates!



Jeremy Sweet
Paul Mitchell School of Hair Design

I congratulate my son, Jeremy Sweet, on his graduation from the Paul Mitchell School of Hair Design, PTown. Our family is so very proud of you.

Everything you do affects all of us, so stay gold and shine! Niga teke miga Kloshe Tillicum.

Tribal construction skills bank being developed

The Siletz Tribe Housing Department is compiling a list of Tribal members who are willing and able to work on the workforce housing construction project that will commence soon in Neotsu. The project is funded in part with Indian Housing Block Grant funds that require Indian preference in employment and contracting. The list will be provided to the contractor and subcontractors who will ultimately make the decision in hiring.

If you are interested and available to work, please contact Valerie Hibdon at the Siletz Tribal Housing Department office – 541-444-8322; 800-922-1399, ext. 1322; or valerieh@ctsi.nsn.us. You will need to provide your name, phone number, enrollment number and construction trade.

If you do not have construction experience, you will be added as a potential laborer.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Prefeence policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee orgnization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

Apply Now for Siletz Tribal Head Start

Siletz Tribal Head Start is accepting applications for the 2020-2021 school year. Classrooms are located in Portland, Salem, Lincoln City and Siletz.

Children must be age 3 or 4 to attend.

Applications are available by mail or can be downloaded from the Tribal website. To request an application, call DeAnn Brown at 541-444-2450.

Thank you.

Coronavirus Information and Resources

Brown introduces framework for reopening Oregon

PORTLAND, Ore. — On April 14, Gov. Kate Brown introduced her framework for Reopening Oregon - a plan to restart public life and business while maintaining healthy Oregon communities.

The framework sets specific prerequisites based on science, which Oregon communities must meet to begin reopening, and also outlines the actions Oregon must take to move forward.

"We all want to get back to work and return to normal life as quickly as possible," said Brown. "But the truth is, the best path forward is a cautious one -apath that proceeds gradually, carefully and

incrementally; a path that relies on science and facts to determine each step forward."

In order to begin reopening communities, Oregon must first slow the growth of COVID-19 as well as acquire adequate personal protective equipment to protect health care workers and first responders. Once those prerequisites are met, Oregon can begin to reopen by:

- Ramping up COVID-19 testing capacity in every region of Oregon
- Developing robust contact tracing systems to track and contain COVID-19 cases

Establishing a quarantine and isolation program for new cases

"While we have to be careful, we also cannot stand still," said Brown. "The shuttering of an economy at this scale has never happened before. Likewise, the reopening of a shuttered economy of this scale has never happened before.

"As we prepare in the months ahead to get Oregon back to work, we must remember the importance of doing so in a smart and deliberate fashion that keeps us moving forward instead of sending us backward."

Additional LIEHP help available

The Siletz Tribal Housing Department has received additional funding for the Low Income Energy Assistance Program (LIEHP), so clients can access assistance for utility bills through the Housing Department. Please keep in mind that LIEHP is not just for housing residents.

Contact Casey Godwin at 541-444-8311 or 800-922-1399, ext. 1311, for details.

Tips to protect yourself and your Nation from COVID-19

By Victoria Warren-Mears, Ph.D., Northwest Portland Area Indian Health Board

The spread of COVID-19 in our state threatens our elders, our workers, our families and our Nations.

To protect our people, the Northwest Portland Area Indian Health Board and the 43 federally-recognized Tribes that is our board recommends that Tribes in Oregon, Washington and Idaho cancel social gatherings and non-essential services, and that all AI/AN people "stay home."

Stay home

It may feel like an overreaction, but each one of us has an important role to play to help prevent COVID-19 from spreading. The most important thing we can do to help prevent COVID-19 from spreading is to stay home, even if you don't feel sick or think you are at risk.

People can look completely normal and feel healthy, and unknowingly spread the virus to others. By staying home, you will protect those who are most vulnerable in our communities, including elders and those with asthma and diabetes.

STAY HOME &

STAY SAFE

Unless you need essential items or

appointments.

WASH HANDS AND

SURFACES OFTEN

People that are sick and contagious

may have no symptoms (also known as

asymptomatic), mild symptoms, or

severe symptoms.

The best way to prevent illness is to

avoid being exposed to this virus.

Know how it spreads

from person to person. Between people who are in close contact with one another (within

The virus is thought to spread mainly

- about 6 feet). Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Protect yourself and your loved ones

- Wash your hands frequently: www.cdc. gov/handwashing/materials.html
- Regularly and thoroughly clean your hands with soap and water or an alcohol-based hand rub. Why? Washing your hands kills viruses that may be on your hands.
- Maintain social distance.

4 Reminders to Prevent

Coronavirus

Avoid close contact with people who are sick.

USE SOCIAL

Continue to use social distancing and

proper hygiene when you must get

essentials.

ASSUME COVID IS IN

YOUR COMMUNITY

Not everyone with COVID-19 has been

tested. Act like there are patients in you

community that are sick and take

appropriate precautions.

Public Health

- Put 6 feet of distance between yourself and other people. This is especially important for people who are at higher risk of getting sick. Only go out for essentials, like groceries or medicine. Group your trips and designate one healthy person to run errands to reduce exposure and contamination.
- Avoid touching your eyes, nose and mouth.
- Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

Protect your community and Nation Stay home if you're sick.

- Stay home if you are sick, except to get medical care.
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Wear a facemask if you're sick.

- If you are sick: You should wear a facemask when you are around able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people a facemask if they enter your room.
- If you are NOT sick: You do not need to wear a facemask unless you are they are not able to wear a facemask). Facemasks may be in short supply and

If you have fever, cough and difficulty breathing, seek medical care early.

Stay home if you feel unwell.

- If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority.
- Why? National and local authorities will have the most up-to-date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Clean and disinfect

- Clean and disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks.
- If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

We know this period is stressful for We hope you are taking care of yourself and are finding strength in your community. Many of the places we visit, shop or gather have closed to lessen the spread of COVID-19, including our schools and local businesses. These are not easy decisions to make, but the swift action and effectiveness of these measures relies on our collective cooperation to protect ourselves, our families, friends and Tribal communities.

- other people (e.g., sharing a room or vehicle) and before you enter a health care provider's office. If you are not who are caring for you should wear
- caring for someone who is sick (and they should be saved for caregivers.

Things you can do to cope

- Continue to practice spiritual connection and guidance, in your own way, at home with your family
- Check on elders and neighbors. Drop off food for those who can't go out.
- Have video and phone chats.
- Help explain the importance of staying home to elders and family members who might not understand.
- Exercise outside (hiking, biking, walking).
- Create a schedule for your family (including games, books and meals). Remember to take a break from social media and the news.

Learn more at npaihb.org/covid-19/.

Need More Information or Have COVID-19 Questions?

Lincoln County residents have two call centers that are open and ready to help with your questions relating to COVID-19 (Coronavirus).

Lincoln County Call Center

Phone: 541-265-0621, open 9am - 4:30pm, Monday-Friday

Email: lincolncocallcenter@co.lincoln.or.us -monitored 8am - 5pm

Samaritan Healthline

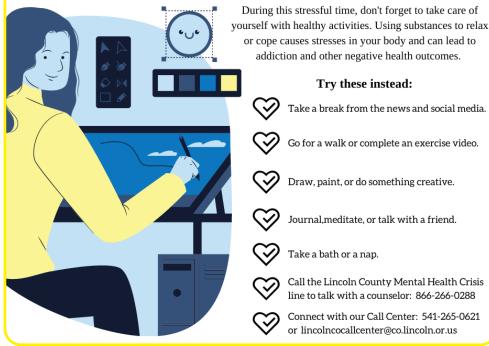
Phone: 541-451-7425, open 8am - 7:30pm everyday.



Revised: 4/10/2020



Healthy Coping



The **Disaster Distress Helpline**, 800-985-5990, is a 24/7, 365-day-a-year national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster.

The federal government is looking to fill various positions to help respond to and fight COVID-19. Positions are listed at **USAJOBS.gov.**

Below is a map of Community Action Agencies throughout Oregon. All of the agencies have their own websites and phone numbers are listed below. Each agency receives "Emergency Housing Account" and 'State Homeless Assistance Program" funds that can be used to pay for short-term emergency assistance like hotel/motel. Some have Rapid Rehousing programs or other housing programs.

ACCESS - 541-779-6691

Community Action Agency (CAO) - 503-693-3221

Community Action Program of East Central Oregon (CAPECO) 800-752-1139/541-278-5671

Community Action Team, Inc (CAT) - 503-397-3511, ext. 2003

Community Connection of NE Oregon (CCNO) -

541-963-3186 Office/541-786-2311 Cell

Clackamas County Social Services (CCSS) - 503-655-8641

Community in Action (CinA) - 541-889-1060, ext. 101

Community Services Consortium (CSC) - 541-704-7627

Klamath/Lake Community Action Services (KLCAS) -541-882-3500

Lane County Human Services Division (LCHSD) - 541-682-3797

Mid-Columbia Community Action Council (MCCAC) - 541-298-5131

Multnomah County Dept. of County Human Services - 503-988-7453

Mid-Willamette Valley Community Action Agency (MWVCAA) - 503-585-6232

NeighborImpact - 541-323-6502

Oregon Human Development Corporation (OHDC) - 503-245-2600

Oregon Coast Community Action (ORCCA) - 541-435-7080/541-435-7773

United Community Action Network (UCAN) - 541-492-3501

Yamhill Community Action Partnership (YCAP) - 503-883-4172





350 Mission Street SE, Suite 201, Salem, OR 97302 phone: (503) 316-3951 fax: (503) 363-0113 www.caporegon.org

To provide the IRS with your bank information, visit https://www.irs.gov/coronavirus/get-my-payment

Dear Community member,

This letter is to provide some information about the federal government's recently enacted *Coronavirus Aid, Relief, and Economic Securities* ("CARES Act") and to alert you that <u>you may need to take action to receive an economic impact (cash) payment</u>.

Economic Impact Payment. The recent CARES Act entitles individuals with social security numbers (SSN) to a one-time cash payment (often referred to as the "economic impact payment," "rebate," or "recovery rebate"). To qualify for the full \$1,200 payment, an individual must earn less than \$75,000 per year, or, for a married couple filing jointly, under \$150,000 per year. Families with qualifying children, under the age of 17, also will receive \$500 per child. Individuals who earn *over* \$75,000 (or \$150,000 for a jointly filing couple) may be entitled to a reduced cash payment or a future tax credit, depending on their level of income in 2019 and 2020.

For many individuals, the federal government will make a one-time CARES Act direct deposit, estimated in mid-April, 2020. However, the Internal Revenue Service (IRS) may only do so if the IRS has your bank information and has information about your income for 2018 and/or 2019. Please ensure that your address and bank information is correct on your 2018 and/or 2019 filings

If you did not file a tax return for 2018 or 2019, you may need to take action to receive the economic impact payment, even if you were not required to file a tax return.

The IRS urges anyone with a tax filing obligation to file as soon as possible to receive an economic impact payment. Generally, taxpayers are encouraged to include direct deposit banking information on the tax return for fastest receipt of the economic impact payment. If you do not wish to use direct deposit, then the government will send a physical check by mail.

If you were *not* required to file a tax return in 2018 or 2019 and receive certain benefits, the IRS will use the information on the Form SSA-1099 or Form RRB-1099 to generate economic impact payments to recipients of benefits reflected in those forms. Please be aware that because the IRS would not have information regarding any *dependents* (qualifying children) for individuals who do not file a tax return in 2018/2019, you may still wish to file a simplified tax return to ensure you receive the full economic impact payment to which your family is entitled.

If you are concerned about not having access to tax professionals or local community organization in person to get help with a tax return, these economic impact payments will be available throughout the rest of 2020.

If the IRS does not have your direct deposit information, in the coming weeks, the Treasury Department plans to develop an online portal for individuals to provide their banking information to the IRS online. **(see above)**

Garnishment. The stimulus payment will not be garnished for federal tax debt. If you have concerns that your cash payment may be *garnished* please review the handout from the National Consumer Law Center on preventing garnishment of stimulus checks. You can view that handout at https://www.nclc.org/images/pdf/special projects/covid-19/IB Garnishment Stimulus Checks.pdf. We recommend speaking with your attorney about other strategies to protect your cash payment, if you have concerns about this issue.

Effect on Eligibility for SSI, Medicaid, TANF, and Housing Assistance. The economic impact payments are not taxable and *will not count as income or resources for means-tested programs.* In other words, receiving the payment will not affect your eligibility for SSI, SNAP, Medicaid, ACA premium credits, TANF, housing assistance, or other income-related federal programs.

The economic impact payment will not count as a *resource* for a 12-month period. You should make plans to ensure your resources are spent down within that time.

Tax Filing Deadline. The federal 2019 income tax filing deadline has been *extended without penalty* to July 15, 2020. This relief applies to all individual returns and is automatic. You do not need to file any additional forms or call the IRS to qualify for the extended deadline. A deadline extension also applies to your Oregon *state taxes*.

Scams and Identity Theft. There are predatory scams and identity theft operations attempting to take advantage of the current circumstances. Do not trust calls, emails, or text messages from individuals claiming to be from the IRS, Social Security Administration, or other government agency. Do not provide information about your banking accounting or social security number over the phone, by text, or by email. If you receive a message stating that you must provide more information to receive your economic impact payment, it is a scam.

More information. You may wish to go to the IRS website: https://www.irs.gov/coronavirus, or for updates about your economic impact payment, you can go to: https://www.irs.gov/refunds. The enclosed flyer has more detailed information for your convenience.

Best wishes,

NATIVE AMERICAN PROGRAM, LEGAL AID SERVICES OF OREGON

Resources

- Senior Loneliness Line in Oregon seniorlonelinessline.org or 503-200-1633
- Volunteers and Donations oregonrecovers.communityos.org; oem.donations@ state.or.us; 503-378-4479
- Oregon Office of Emergency Management oregon-coronavirus-geo.hub.arcgis.com/
- Oregon Office of the Governor govstatus.egov.com/or-covid-19
- Oregon Department of Education oregon.gov/ode/students-and-family/health-safety/Pages/COVID19.aspx

Changes for General Council meeting in May

Due to the COVID-19 pandemic and to keep our membership safe, the May 2, 2020, Siletz General Council meeting will be a video presentation by the Tribal Chairman. The video will be available to review May 2-5, 2020, on the Tribal website, under the Member Only Area.

Your concerns normally presented at General Council are important to Tribal Council and Tribal staff. Submit any concerns to generalcouncil@ctsi.nsn.us or mail to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549. Please refer to the Tribal website at www.ctsi.nsn.us for additional information.

Please remember, during this challenging time, the health and welfare of the membership is important to the Tribal Council.

#StayHomeSaveLives #InThisTogether

The IRS announced that the federal income tax filing due date is automatically extended from April 15th to July 15th, 2020! Any taxpayer who needs to amend a 2016 return will still need to do that before 4/15/2020 to qualify for any refund.

Taxpayers can also defer federal income tax payments due on April 15, 2020, to July 15, 2020, without penalties and interest, regardless of the amount owed. Taxpayers do not need to file any additional forms or call the IRS to qualify for this automatic federal tax filing and payment relief.

The IRS will continue to process tax refunds!

The IRS urges taxpayers who are due a refund to file as soon as possible. Most tax refunds are still being issued within 21 days.

The Oregon Department of Revenue tax filing deadline is automatically extended from April 15th to July 15th, 2020! Any interest and penalties with respect to Oregon tax filings and payments extended by this order begin accruing on July 16, 2020.

If you have tax questions or problems with IRS or the Oregon Department of Revenue Please contact:

Legal Aid Services of Oregon Low Income Taxpayer Clinic

520 SW 6th Ave. Suite 700

Portland OR. 97204

888-610-8764

tax@lasoregon.org

From Lincoln County Emergency Services

Homeless service providers and food providers,

CHANCE has secured some funding from CSC for motel sheltering for medically fragile homeless individuals during this pandemic. Providers working with the client should make the referrals to CHANCE at 541-791-3411 (follow prompts for location Albany, Corvallis, Lebanon, Lincoln City and Newport) or hotelvoucher@chancerecovery.org.

Homeless clients should not call CHANCE directly. If they do, CHANCE will advise them to get a referral from a health care provider or homeless advocate. CSC will not take referrals from anyone for these motels — CHANCE is the point of contact.

A person must meet these definitions of "homeless" and "medically fragile" for state motel funding with CHANCE. Eligibility includes:

- Client referred must be homeless, living un-sheltered (i.e. sleeping outside or in a car, but not in an RV or travel trailer). If the client is already in a local shelter, they do not qualify.
- Client must be "medically fragile," defined as:

Having a chronic health condition that makes them high risk (such as heart condition, respiratory condition or unmanaged diabetes). Provider making referral must attest to the health condition.

OR

Age 65 or older, with or without a chronic medical condition, without any alternative source of shelter

CHANCE will check in with the client often. We will check to see if they need medical attention, mental health support, food, medication or just a check-in. If support is needed, CHANCE staff will reach out to the appropriate member of each county's community partner support teams for the needed attention.

Once the client has checked out of the hotel, CHANCE staff will notify CSC and the team members involved in the person's care to either do a follow-up or close out the file.

This is currently available for non-symptomatic medically fragile people only. A separate program has yet to be finalized for people who are presumptive or COVID 19-positive.

Indian Gaming and COVID-19

By Jonodev O. Chaudhuri, partner at Quarrels & Brady LLP and former chairman of the National Indian Gaming Commission; from Quarrels & Brady LLP Indian Law and Policy Alert; originally published April 15, 2020

The COVID-19 crisis has wreaked havoc on the Indian Gaming industry as Tribal nations have had to close 100% of their gaming facilities across the United States out of concerns for public health, safety and welfare in the face of this global pandemic.

Tribal governments are voluntarily implementing these closures in coordination with state governors and through Tribal government emergency declarations. This effectively constitutes a shutting down of the 12th largest employer in the country.

Prior to the COVID-19 crisis, Indian Gaming constituted a \$39.1 billion industry with approximately 250 Tribal governments across 29 states operating 520 gaming facilities—with the majority of these operations serving as primary employers and economic engines in rural communities nationwide.

The various iterations of the CARES Act provide billions in new funding for medical research and public health programs to combat the spread of the virus, relief in the form of paid sick, family and medical leave, and free coronavirus testing.

The new law includes \$10 billion of support for Indian Country in emergency appropriations, as well as grants, loans and loan guarantees, for which Indian Tribes and Tribally owned entities are eligible. In some instances, funds will be available to assist Tribes struggling with the ramifications from having to close their gaming facilities.

In other instances, agencies implementing certain provisions of the CARES Act have interpreted the act in a manner that excludes relief for the costs Indian Gaming has endured during this crisis or for the lost revenue Tribal nations have taken on.

Without a tax base to generate governmental revenue, Indian Tribal governments must rely on their Tribal government-owned enterprises, and in particular Indian Gaming, to generate revenue to fund essential government services to Native communities across Indian Country in the form of health care, education, public safety, housing and social services. In fact, federal law mandates that Indian Gaming revenues be used for government purposes.

Because Indian Gaming, through the auspices of IGRA, effectively subsidizes the federal trust responsibility to support Tribal self-determination and Tribal economic development, the federal government has a trust duty and obligation to address resulting loss of gaming revenue in Indian Country as a result of COVID-19.

The CARES Act is a good start, but much work remains to be done to ensure the continued stability of our Tribal nations. Of course, the implementation of the CARES Act continues to be shaped daily, not only by the enactment of legislation by Congress, but also by the federal agencies that interpret the laws Congress enacts. The below, therefore, will inevitably be updated as developments continue.

Article followed by FAQ, available at https://www.quarles.com/publications/indian-gaming-and-covid-19/.

AT-HOME LEARNING SUPPORTS

Selected Resources to Keep Kids Healthy, Entertained, and Learning during School Closures

Follow the Links Below to Free Digital Resources:









Support and Encouragement for Native Youth

Daily Lessons and Activities

Indigenous Lessons
Plans and Curriculum

Art and Science

Support and Encouragement for Native Youth



Native Wellness Institute:

Check out Power Hour—a daily livestream of encouragement, humor, storytelling, and supportive messages from indigenous elders, youth leaders, and teachers from across the nation

Think Indigenous:

Video lessons, encouragement, and support for Native kids from Native teachers

Daily Lessons and Activities



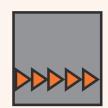
Scholastic Learn at Home:

Large library of on-line lessons and activities now free during school closure. Look for special daily interactive lessons designed for students and families while schools are closed

PBS Emergency Closure Curriculum:

Video lessons and activities for students in all grades. Includes daily video lessons and curriculum during school closure

Indigenous Lesson Plans and Curriculum



Native Knowledge 360°:

Large catalogue of lesson plans and resources for grades K-12 from the Smithsonian Institution

Siletz Tribal Language Project:

Dee-ni language and culture lessons for grades Pre K-8

Siletz Tribal Estuary Curriculum:

Sixth grade ecology curriculum focused on the importance of estuaries and wetlands to the environment and Siletz people

Honoring Tribal Legacies:

Selected digital teaching resources and lessons plans for grades K-12 from the University of Oregon

Art and Science



Mystery Science:

Video science lessons and activities designed for elementary students, free during school shutdown

What's Good in My Hood:

Workbook of outdoor-based nature lessons and observation activities for K-5 students

<u>Coloring Sheets from Native Artists and Organizations:</u>

Alaska Native Artist Nasuġraq Rainey Hopson

Native Wellness Institute Coloring Book

Generation Indigenous

For Additional Resources and Support:

- Visit your local school\school district's website
- Email your student's teacher for log-in information for classroom learning tools
- Check out the Siletz Community Health Facebook Page
- Contact your local CTSI education specialist

DON'T X Don't participate in group Enjoy the outdoor areas of your home. sports. Enjoy physical activities solo Don't visit crowded or with members of your or closed parks. household (e.g. walking, biking) Don't attend social Have a virtual picnic with gatherings. friends. Open doors and windows Don't go out if you're sick. to get fresh air. Get things done at home Don't travel. (e.g. gardening, car washing). REMEMBER: Keep a safe physical distance of at least six feet from people you do not live with and wash your hands regularly. KEEP YOUR DISTANCE, DO YOUR PART

From the Northwest Portland Area Indian Health Board: We need you here, we need you to stay healthy. These call-in and text lines have people answering who are highly qualified to talk and provide the best recommendations for one's **mental health** concerns.

- For Emotional Distress assistance, not related to suicidality, please call the Disaster Distress Helpline at 1-800-985-5990 or text "Talkwithus" to 66746.
- For concerns with suicide, please call the Suicide Prevention Lifeline at 1-800-273-8255
- Text "TALK" to 741741 to connect with the Crisis Textline
- For Two Spirit LGBTQ+ crises call The Trevor Project at 1-866-488-7386, or text START to 678678, or check out www.TheTrevorProject.org
- County Crisis Lines or 2-11 in some areas
- We R Native www.wernative.org
- National Suicide Prevention Lifeline Emotional Wellbeing During the COVID-19
 Outbreak webpage: https://suicidepreventionlifeline.org/current-events/supporting-your-emotional-well-being-during-the-covid-19-outbreak/
- CDC's Managing Anxiety and Stress during COVID-19 webpage: https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html

GUIDANCE FOR FUNERALS AND SERVICES

Tribal Council Order

On April 17, 2020, the Siletz Tribal Council adopted Resolution 2020-XXX, which ordered funerals to be conducted in a manner that does not conflict with the limitations of social distancing and the following criteria:

Services

The Dance House and Siletz Community Center will not be made available for funeral services at this time. Graveside services may occur with the following recommendations: 1) Limit the gathering to 10 people or less and 2) All individuals maintain social distancing of at least 6 feet from any person who is not a member of their immediate household.

Social Distancing Guidelines

As COVID-19 continues to spread in the surrounding areas, it is imperative that social distancing guidelines are followed to control the spread of COVID-19, decrease the burdens on hospitals and equipment supplies, and lessen the number of infections and deaths caused by this disease.

Limit Attendance

Attendance should be limited to the greatest extent possible. Ask all those who are not feeling well to stay home.

All attendees should self-quarantine for 14 days following attendance.

Protect Elders

Elders and those with underlying health conditions such as COPD, asthma, diabetes, kidney disease or heart disease, who are most at risk for a serious viral infection, should not attend.

If elders attend, it should be a **priority** that all attendees limit contact with elders and provide them ample space (6 feet) to follow social distancing.

Limit Person to Person Contact

Even though someone is not feeling sick, they could still have the novel coronavirus and pass it to others. Limiting contact with others is the best way to ensure the virus does not spread. This includes:

- It is highly encouraged that all attendees wear masks and wash hands frequently. If there are no hand washing stations, hand sanitizer should be used frequently and after handling any items that are handled by multiple people.
- Use disinfecting wipes on all hard surfaces and prioritize multiple cleanings for surfaces that will be touched frequently, such as door handles.
- Stand 6 feet away from others who are not a member of your immediate household
- No handshakes and hugs.
- If food is being provided, as few people as possible should serve it. It should not be buffet style. Those serving should practice good hand washing, wear gloves, wear masks and frequently sanitize all serving utensils.
- Tables and chairs should be set for every other space.
- Giveaway items should either be avoided or held at another time

Attendance Tracking

One attendee will be responsible for logging the names of all attendees. This attendance log will be provided to the Siletz Community Health Clinic and will be kept confidential. This log will be used in the event that a funeral attendee tests positive for COVID-19 in the two weeks following the funeral and all funeral attendees need to be notified that they may have been exposed.

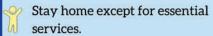


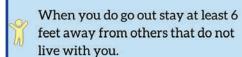
Physical Distancing

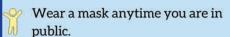


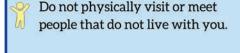


What you can do:

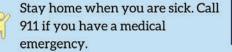








Stay socially connected to those you care about. Use technology to virtually "visit" with them.



What businesses can do:



Give employees masks and other appropriate protective gear.



Limit the number of customers allowed in your store at the same time.



Set up hand sanitizing stations at entrances and exits.



Have employees work from home when possible.



Place markings 6 feet apart on flooring to encourage proper physical distancing.



Remind customers to practice physical distancing.



Resources

Questions? Contact our call center:

541-265-0621 or lincolncocallcenter@co.lincoln.or.us



Be safe. Stay home. Stay well.

COVID-19 Updates

- Oregon https://govstatus.egov.com/ OR-OHA-COVID-19
- CDC https://www.cdc.gov
- WHO updates https://www.who.int

General Resources

211info connects people with health and social service organizations. At our heart is our core Community Information Center, supported by Resource Database team. We've expanded to include enhanced information & referral and assistance programs that target specific services. Call 211 or 866-698-6155.

Employment

For information about unemployment benefits and COVID-19, visit;

- https://www.oregon.gov.employ
- https://www.oregon.gov/employ/ Unemployment/Claimant_Handbook/Pages/default.aspx
- OED_COVID19_Info@oregon.gov

Bureau of Labor and Industries

 https://www.oregon.gov/BOLI/Pages/ index.aspx

Business Assistance

Federal guidance for small businesses, including information on the Economic Injury Disaster Loan Program:

 https://www.sba.gov/funding-programs/disaster-assistance https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources

Coronavirus Worker Safety Fund
– https://www.saif.com/news/new-fundto-help-oregon-businesses-respond-tocoronavirus.html

Paycheck Protection Program & Loan Forgiveness –

- https://www.oregonlegislature.gov/ post/PublishingImages/Paycheck%20 Protection%20and%20Loan%20Forgiveness%203-25-20.pdf
- https://home.treasury.gov/policyissues/top-priorities/cares-act/assistance-for-small-businesses

Oregon Work-share Program - Work Share provides an alternative for employers and workers who may be facing the prospect of a layoff situation. With Work Share, instead of reducing staff, an employer reduces the hours of work for a group of workers. Partial Unemployment Insurance benefits are then paid to supplement workers' reduced wages.

 https://www.oregon.gov/employ/ Unemployment/Pages/Work-Share-Program.aspx

Small Business Assistance

- https://www.oregon4biz.com
- https://www.oregoncoastcc.org/sbdccoronavirus-resource-page-for-lincoln-county-businesses/

Business organizations links for assistance and information

- Business Oregon https://www. oregon4biz.com
- Salem Chamber COVID-19 https://salemchamber.org
- SEDCOR https://www.sedcor.com

Rental, Mortgage or Housing Assistance

The Federal government announced HUD has authorized the Federal Housing Administration (FHA) to implement an immediate foreclosure and eviction moratorium for single family homeowners with FHA-insured mortgages for the next 60 days.

211.org and Community Action may be able to direct you to resources for payment assistance.

Food Assistance

- 211 is a statewide resource Call 211 or 866-698-6155; text your Zip Code to 898211 (TXT211); email help@211info.org
- Partners for a Hunger Free Oregon https://oregonhunger.org
- https://oregonhunger.org/covid-19/
- https://www.mowp.org/
- https://apps.state.or.us/online-Application/
- Marion Polk Food Share Covid-19 info at https://www.marionpolkfood-share.org

Insurance

If Oregonians have questions or concerns about their insurance company or agent, they can contact the department's advocacy team at 888-877-4894 (toll free) or visit dfr.oregon.gov for more information or to file a complaint.

For insurance and financial services information related to COVID-19, visit the department's website at https://dfr.oregon.gov/insure/health/understand/Pages/coronavirus.aspx.

General Health Information

How to protect yourself -

- https://www.cdc.gov/ coronavirus/2019-ncov/prepare/prevention.html
- https://www.who.int/emergencies/ diseases/novel-coronavirus-2019/ advice-for-public

What to do if you're sick –

 https://www.cdc.gov/ coronavirus/2019-ncov/if-you-aresick/steps-when-sick.html

Mental Health Resources

- Lines for Life https://www.linesforlife.org
- Adult Behavioral Health program
 -503-588-5351
- Crisis Services -503-585-4949

Additional federal resources listed on page 14

American Indian College Fund, Tribal College Journal launch special edition journal for 400th anniversary of Mayflower arrival with call for student entries

DENVER — The year 2020 marks the 400th anniversary of the arrival of the Mayflower to North America, forever changing life for Native people.

In some ways, the struggle for Native people continues — in March the federal government announced it is removing the reservation status and 300 acres of ancestral land from the Mashpee Wampanoag Massachusetts-based Tribe, which traces its ancestry to contact with the Mayflower pilgrims.

Today's Native people are responding to challenges with the resilience of their ancestors, a Tribal college education and continued strength, weaving their values and traditions into modern life. To celebrate Native peoples' endurance and resurgence for more than 400 years, the American Indian College Fund and

Tribal College Journal are hosting a call for entries for A Journal of Native Reflections on the Mayflower, a special edition journal to feature a juried selection of student essays, art, photography and film.

The contest is open to all Tribal college and university students, faculty members and staff at American Indian Higher Education Consortium-member institutions submitting original work reflective of the theme of Resilience. Education. Strength.

Deadline for entry is June 30, 2020, 11:59 MST. A Journal of Native Reflections on the Mayflower will be published Nov. 1, to mark Native American Heritage Month.

Selections will be made in July by a jury of three industry professionals. Each entrant whose work is selected for publication will receive \$200, a certificate

of selection and a copy of the *Journal of Native Reflections on the Mayflower*. All officially selected entrants will also be listed in the journal.

For complete contest terms and conditions and instructions for submission, please visit collegefund.org/mayflower. Selections for submissions will be announced on the College Fund's home page at collegefund.org and at tribal-collegejournal.org.

About the Tribal College Journal (TCJ)

- This is a national, nonprofit media organization operated by the American Indian Higher Education Consortium. TCJ has covered the news, newsmakers and issues of the Tribal college movement for 30 years, earning multiple awards from organizations such as the Native American Journalists Association, Association

Media and Publishing, and Western Publishing Association.

About the American Indian College Fund — Founded in 1989, the American Indian College Fund has been the nation's largest charity supporting Native higher education for 30 years. The College Fund believes "Education is the answer" and provided \$7.72 million in scholarships to 3,900 American Indian students in 2018-19, with nearly 137,000 scholarships and community support totaling more than \$221.8 million since its inception.

The College Fund also supports a variety of academic and support programs at the nation's 35 accredited Tribal colleges and universities, which are located near Indian reservations, ensuring students have the tools to graduate and succeed in their careers.

2020-2021 Hunting and Fishing Tags Distribution Schedule

Type of Tag		Estimated Number Season Available Dates		Date to Start Tag Issuance	Method of Issuance	
Deer	Early Archery	50	8/29-9/27	8/3 at 8:00 AM at Natural Resources Office	First Come First Served*	
	General Rifle	375	10/3-11/6**	8/17	First Come First Served	
	Antlerless – Adult	8	10/3-11/6	Lottery applications available 8/3; due 8/28 ; drawing 9/8; tags issued 9/9	Lottery – Open to Elders Only	
	Antlerless –Youth	8	10/3-11/8	Lottery applications available 8/3; due 8/28 ; drawing 9/8; tags issued 9/9	Lottery – Open to Youth Ages 12-17 Only	
	Late Archery	50***	11/21-12/13	First Distribution: 10/19 at 8:00 AM at NR Office Second Distribution: 11/2 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*	
Elk	Antlerless - Youth	2	8/1-12/31	Lottery applications available 6/1; due 7/2 ; drawing 7/6; tags issued 7/7	Lottery – Open to Youth Ages 12-17 Only	
	Early Archery	25	8/29-9/27	8/3 at 8:00 AM at Natural Resources Office	First Come First Served*	
	1 st Season Rifle	25	11/14-11/17	Lottery applications available 8/31; due 9/25; drawing 10/5;	Lottery	
	2 nd Season Rifle	25	11/21-11/27	tags issued 10/6	Lottery	
	Antlerless	11	Various seasons beginning 1/1/21	Lottery applications available 8/31; due 9/25 ; drawing 10/5; tags issued 11/30	Lottery	
	Late Archery Antlerless	56	11/28-12/13	First Distribution: 10/19 at 8:00 AM at NR Office Second Distribution: 11/2 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*	
Salmon	Salmon	200	11/1-12/30 (estimate)	8/17	First Come First Served	

^{*} No early calls to "save" an early archery tag for someone. Must physically show up to obtain tag on first day of distribution. May call to have a tag mailed beginning on the second day of distribution.

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2020-2021 hunting

season (bow, bull and cow tags all count towards the one tag), except as noted below.

NOTE 2: First Distribution: For hunters who have not been issued an early season deer archery tag (for

deer tags) or any elk tag (for elk tags).

Second Distribution: For any eligible hunter, regardless of what other tags they have received.

Important Federal Links

Centers for Disease Control and Prevention: COVID-19 - https://www.cdc.gov/

Centers for Medicare and Medicaid Services: Coronavirus - https://www.cms.gov/

Federal Emergency Management Admin.: Coronavirus Response - https:// www.fema.gov/coronavirus

Federal Reserve: Coronavirus Resources - https://www.federalreserve. gov/default.htm

Federal Trade Commission: Coronavirus Scams Guidance - https://www.consumer.ftc.gov/

Food & Drug Administration: Coronavirus Resources - https://www.fda.gov/

Dept. of Agriculture: Coronavirus Resources - https://www.usda.gov/

Dept. of Education: COVID-19 Information/Resources for Schools - https://www.ed.gov/coronavirus

Dept. of Health and Human Services: Coronavirus Resources - https://www.cdc.gov/

Dept. of Homeland Security: Notices of Arrival Restrictions Due to Coronavirus - https://www.dhs.gov/

Dept. of Housing and Urban Development: COVID-19 Information & Resources - https://www.hud.gov/coronavirus

Dept. of Justice: COVID-19 Fraud - https://www.justice.gov/

Dept. of Labor: Coronavirus Resources - https://www.dol.gov/coronavirus

Dept. of State: Travel Advisories https://travel.state.gov/content/travel.html Dept. of Veterans Affairs: Positive

COVID-19 Cases - https://www.va.gov/ Environmental Protection Agency: Disinfectants for Use Against SARS-

COV-2 - https://www.epa.gov/ Elections Assistance Commission: Coronavirus Resources - https://www.

eac.gov/ Occupational Safety & Health Admin.:

Workplace Guidance - https://www.osha.gov/ Small Business Administration: Disaster Assistance in Response To COVID-19 - https://www.sba.gov/

Substance Abuse & Mental Health Services Administration: Coronavirus Resources - https://www.samhsa.gov/ coronavirus

Transportation Safety Administration: COVID-19 Resources - https://www.tsa.gov/coronavirus

^{**} Season for Youth ages 12-17 is 10/3 - 11/8 (2 additional days at end of general season)

^{***} Minus number of tags filled in Deer Early Bow Season. Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/9.

Chemeketa honors Native American Tribes

By Gustavo Ramirez of the Chemeketa Courier; first published March 17, 2020

Chemeketa held a flag-raising ceremony for Oregon's recognized Tribes on March 6. Eight of nine recognized Tribes in Oregon (Warm Springs, Umatilla, Burns, Siletz, Cow Creek, Grand Ronde, Coos, Klamath and Coquille) had their flags raised. Due to growing concerns of COVID-19, the Umatilla Tribe is under quarantine and could not participate in the flag raising.

"The ceremony is about honoring the nine recognized Tribes of Oregon," said Linda M. Ringo-Reyna, a Multicultural Student Services coordinator. "Our college is acknowledging the land that we sit on belongs to indigenous people before it was colonized."

Madison Burnette, a student employee for Student Retention and College Life, opened the ceremony by reading a land acknowledgment, by which Chemeketa gives thanks to the Kalapuya nation. This was followed by a song and prayer by Plummie Wright.

After the flag raising, Purcell Sisto, a student of Chemeketa and member of the Northern Ute Tribe, presented his Tribe's flag and played an honor song.

"I was invited and, not only that, it was an honor to be asked to present my flag among the nine Tribes of Oregon because I'm not even a Tribal member from Oregon," said Sisto.

Sisto's Tribe is from Utah. He came to Oregon to attend the Chemawa Indian School. "It's a boarding school for Native Americans up here in Salem and after graduation, I decided to stay here and kinda just build a life up here."

Sisto said the flag-raising has helped him feel more connected to Chemeketa. "I love it because I feel comfortable. I feel comfortable being able to express my identity and who I am ... It's a big deal because it's leaving a legacy at this college."

For Chemeketa, raising the flags "shows that we embrace our Native American brothers and sisters from this region, from this land," said Ringo-Reyna.

To see the flags, visit the Multicultural Center in Bldg. 2, Rm. 177.

Courtesy photo by Sonya Moody-Jurado

Tribal member Marbella Herrera Logan brought in the Siletz flag. She is a first-year student at Chemeketa pursuing her Associate of Arts of Oregon Transfer Degree.

Be safe. Stay home. Stay well.





Coronavirus chokes Census activities

The response to the coronavirus has had a devastating impact on 2020 Census activities. The planned kickoff event on April 1 with prizes and games had to be cancelled.

Our service center teams were trained to provide help to those who need assistance completing their 2020 Census questionnaire. Now our Census Assistance Centers and area offices have been closed. Meetings to explain the workings of the Census Bureau have been cancelled.

The Census Bureau is not allowing its counters into our neighborhoods to provide paper questionnaires until at least June. The final date for responses has been pushed back from July 31 to August 24. Even public libraries, with their computer access, have been closed.

Despite these and other complications, the count goes on. The need to get everyone counted has not gone away. We still need our share of federal funding for schools, school lunches, roads and transit, treatment programs, food assistance programs and health programs, not to mention political representation. Our response to the Census is how to get our fair share of those funds and representation.

The best way to respond to the 2020 Census is to go online at my2020census.gov and complete the questionnaire. It takes less than 10 minutes for most people. It's secure. Your personal results won't be shared with any other agencies.

For those without access to computers, a good way of responding is to phone 844-330-2020.

A Census Bureau employee

will take your information. You may experience a delay in getting to someone, though the bureau is attempting to reduce waiting times.

Finally, you can wait for an enumerator to come to your door with a paper questionnaire. Census takers are short-staffed and will be under pressure to do their work. They may only have a few weeks to do two months of work. Because we don't know when stay-at-home orders will be lifted, please consider it an option of last resort.

Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

- 1. Go to Amazon.com.
- 2. In the Department drop down box, type Amazon Smile.
- 3. See Amazon Smile You shop. Amazon Gives.
- 4. Follow the easy directions.

NEW SERVICES AVAILABLE Mental Health Services & Life Alert

Mental Health Services

- What services are available?
- Counseling Services individual or
- **Psychiatry Services**
- **Psychology Services**
- Up to 8-visits annually (more if medically necessary)

Who's eligible?

- Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS)
- How do I get benefits?
- Call PRC at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I.

- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, firstserved.

What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

Please contact your local community

health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

- Eligibility Criteria:
- Enrolled Tribal member eligible for PRC
- Work with CHA to determine need and apply for local services

Steps to get Life Alert:

- Contact your local CHA -
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through com-

munity options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

You can reach the community health advocates at:

- Siletz Amy Garrett or Hannah Glaser at 541-444-1030
- Salem Cecilia Tolentino at 503-390-9494
- Eugene Adrienne Crooks at 541-484-4234
- Portland Verdene McGuire at 503-238-1512

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's **Transitional Living Center**

Siletz: 800-600-5599 or 541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494 Portland: 503-238-1512 **Narcotics Anonymous Toll-Free** Help Line - 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an afterhours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor. The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That's always the fastest way to get help.

Poster contest entries due by June 30, 2020



3 age groups: 5-10, 11-13, 14-18

Savvy Caregiver in Indian Country

Are you an unpaid caregiver for an elder with



memory loss and thinking problems? If so, please join us for this free, six-week program that provides strategies, skills and group support for family members who care for loved ones living with Alzheimer's disease or another dementia.

Where:

NWSDS

Training will be done via Zoom

When:

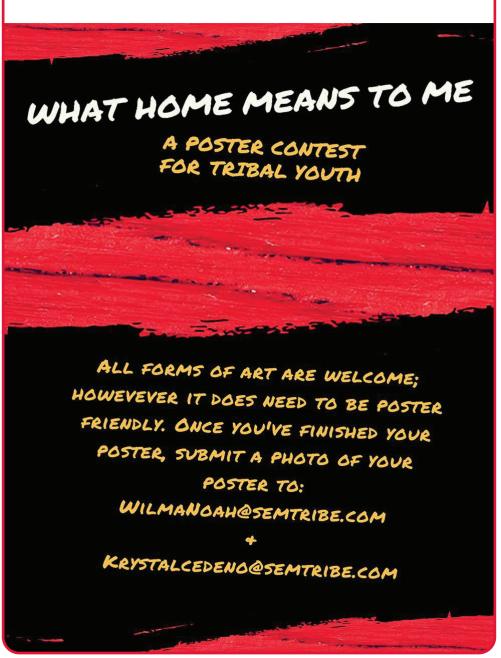
Tuesdays, May 5 – June 9 from 3:30-5:30 p.m.

Who:

This program is for Native and non-Native family caregivers of persons living with a type of dementia or memory loss



For more information or to register, contact Suzy Deeds, family caregiver support specialist, at 503-304-3429 or suzy.deeds@nwsds.org. Once you are registered, you will be given a password to use with this Zoom link https://nwsds.zoom.us/j/97491883438. To join by phone, please call tollfree 877-369-0926 and follow the prompts to enter the meeting ID -974 9188 3438.



Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship
 Guide (scholarship search engine)
- OregonStudentAid.gov.
- NAJA-Facebook Journalism Project Scholarship Deadline: May 31, 2020
 - Deadline: May 31, 2020
- Clare Boothe Luce Women's STEM Tribal Scholarship Deadline: May 31, 2020
- American Indian College Fund Full Circle Scholarships Deadline: May 31, 2020
- George R.R. Martin Literary Foundation Scholarships
 Deadline: June 1, 2020
- Women in Water Scholarship Deadline: July 1, 2020

Outside Scholarships for NATIVE AMERICAN STUDENTS

Cobell Scholarship

http://cobellscholar.org/ various scholarships available *essay required Open to descendants/enrolled members

American Indian Services

https://www.americanindianservices.org/ various scholarships available *essay may be required Open to descendants/enrolled members

American Indian College Fund

http://www.collegefund.org/ various scholarships available *essay required Open to descendants/enrolled members

Bureau of Indian Education

http://www.bie.edu/ParentsStudents/Grants/ various scholarships available *essay may be required Open to descendants/enrolled members

Native American Scholarship Fund

http://catchingthedream.org/ various scholarships available *essay may be required Open to descendants/enrolled members

Fellowships

- NAJA Pathways Fellowship Deadline: May 31, 2020
- Native American Journalism Fellowship Deadline: May 31, 2020
- Washington Sea Grant Hershman Fellowship Deadline: Spring 2020
- NBC News Summer Fellows Program Deadline: Ongoing
- Master of Forest Resources Fellowships Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow Deadline: Multiple
- Claremont Native American Fellowship Deadlines: Multiple

Other Opportunities

- Native Youth Wellness Warrior Camp June 29-July 2, 2020 Grand Ronde, Ore.
- U. of Oregon Future Stewards Program Deadline: July 1, 2020
- National Park Service Tribal Stewards Inclusion Program Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy FREE Classes for Native American Students
- ON TRACK OHSU!
- Caldera Youth Program

Internships

- Code Switch Internship Deadline: Various
- HP 3D Printing Engineering Intern
 Deadline: Open until filled
- Pearson Packaging Systems Engineering Internship Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship
 - Deadline: Various
- Saturday Academy Internships Deadline: Multiple
- EPA Environmental Research and Business Support Program
 Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates Deadline: Multiple
- Indian Land Tenure Foundation Deadline: Multiple
- Environmental Protection Agency Deadline: Multiple

Important information for college-bound Tribal seniors

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/ committee from which you received a scholarship.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

Siletz Tribal Student Incentives Program

If you have completed any of these milestones, please send a copy of your certificate or diploma to your area education specialist. The Siletz Tribal Student Incentive Program rewards student achievements as follows:

Head Start/Preschool	\$10
Kindergarten	\$10
Elementary School	\$20
Middle School	\$50
High School or GED	\$100
Adult Vocational Training	
One-year program	\$100
Two-year program	\$200

Higher Education
Bachelor's Degree Pendleton
blanket plus \$75

Master's Degree \$300

Doctorate Degree Pendleton
blanket plus \$300

Tribal Education Specialists

Portland Area Office: Katy Holland, 503-238-1512, 12790 SE Stark St., Suite 102, Portland, OR 97233

Salem Area Office: Sonya Moody-Jurado, 503-390-9494, 3160 Blossom Drive NE, Suite 105, Salem, OR 97305

Eugene Area Office: Nicholas Viles, 541-484-4234, 2468 W 11th Ave., Eugene, OR 97402

Siletz Area Office: Alissa Lane, 541-444-8373, P.O. Box 549, Siletz, OR 97380

Tribal Scholarships Available

Applications are under Education on the Tribal website - ctsi.nsn.us

Arthur S. Bensell Memorial Scholarship – Application due June 30

Arthur S. Bensell was an educator, civic leader, Tribal Council member and Tribal chairman. He spent many years in service to his community and Triba as mayor of the City of Siletz and Tribal Council member and chairman.

Art attended Ohio State University and graduated from Heidelberg College in 1934. During his career with the Bureau of Indian Affairs, he served as a teacher, principal and reservation principal in Minnesota, Alaska and North Dakota.

Upon returning to Siletz, Art became involved in Tribal business affairs, served many years on the Tribe's Education Com-

mittee and always strove for better educational opportunities for Tribal members.

A memorial scholarship fund was established through the Confederated Tribes of Siletz Indians to honor and award Tribal members in education. The \$1,000 scholarship is administered by the Tribal Education Committee and strengthened by various fundraising activities throughout the year.

This scholarship is open to Tribal members in an education field of study.

Pepsi-Craig Whitehead Scholarship Application due June 30

Pepsi, Inc. donates scholarship funds to the Siletz Tribe and has asked that this

scholarship be known as the Pepsi-Craig Whitehead Scholarship in honor of Craig Whitehead.

Craig was a Tribal member who was employed by the Tribe as the pow-wow coordinator at the time of his death in 2004. He was also the pow-wow whip man, coordinated a dance troupe that visited schools and the peace keeper for the Citizens Advisory Board.

This scholarship is open to any field of study.

Siletz Scholarship Application due June 30

This scholarship is open to any field of study.

Cathern Tufts Memorial Scholarship Application due June 30

Cathern Tufts, affectionately known as "Cat" in the offices and hallways of the Tribal administrative offices and at Tribal elder woodcuts, was the Tribal attorney for 14½ years until she passed about two years ago following a short illness.

Cat graduated from the Arizona State University School of Law and served an internship in Washington, D.C., prior to going to work as an attorney. Her parents and friends wish to honor her life and achievements through this memorial scholarship.

The scholarship is open to students in a natural resources field, pre-law or law school.

Tribal Council Timesheets for March 2020

Lillie Butler - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
2	2					3/2	Packets
3.75	3.75					3/3-4	Education, packets
.75	.75				4	3/5	Tribal Gov't Day at state capitol
2.5	2.5					3/6	Packets
2	2					3/9	Pow-wow
2	2					3/10	Siletz school, sign checks, packets
2	2	4				3/11-12	Packets
		6			2	3/13	Special TC – gaming
3	3					3/16	Special TC, packets
9.5	9.5					3/17-24	Packets
1.75	1.75					3/25	Regular TC
		2				3/26	Council – gaming
2	2					3/27	Council, packets
2	2					3/30	Packets

Loraine Y. Butler - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1	1				4	3/5	Tribal Gov't Day at state capitol
					2	3/7	Concert
1	1					3/9	Packets
2.5	2.5					3/10	SVS board, packets
1.25	1.25					3/12	CPT
		6.5	2		2	3/13	Special TC – gaming, STBC mtg
1	1					3/16	Special TC
3	3					3/17-24	Packets
1.75	1.75					3/25	Regular TC
		2				3/26	Council – gaming
.5	.5					3/27	Special TC
.75	.75	1				3/30-31	Packets

Reggie Butler Sr. - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
5.25	5.25					3/2-4	Packets
.75	.75				4	3/5	Tribal Gov't Day at state capitol
1.75	1.75					3/6	Packets
2.25	2.25					3/9	Housing, packets
2.25	2.25					3/10	Siletz school, packets
.75	.75	3				3/11	CEDARR, packets
1.75	1.75					3/12	Packets
		6			2	3/13	Special TC – gaming
3.25	3.25					3/16	Special TC, packets
8.5	8.5					3/17-24	Packets
1.75	1.75					3/25	Regular TC
.75	.75	2				3/26	Council – gaming, packets
1.75	1.75					3/27	Council, packets
4.5	4.5					3/30-31	Interviews, packets

Sharon Edenfield - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
.75	.75				4	3/5	Tribal Gov't Day at state capitol
1	1					3/9	Packets
.75	.75					3/10	SVS board
		6			2	3/13	Special TC – gaming
1	1					3/16	Special TC
1	1					3/18	Packets
1.75	1.75					3/25	Regular TC
		2				3/26	Special TC – gaming
.5	.5					3/27	Special TC

Alfred Lane III - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1	1				2	3/12	Meet w/ GR on consent decree
		6			2	3/13	Special TC –gaming
1	1					3/15	Packets
1	1					3/16	Special TC
.5	.5					3/18	Packets
1.75	1.75					3/25	Regular TC
.5	.5	2				3/26-27	Special TC – gaming, Special TC

Delores Pigsley - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1.5	1.5					3/1-3	Mail, agenda items, prep for mtg
4.5	4.5					3/4	Comm on Indian Services, mail
1.5	1.5					3/5	Tribal Gov't Day at state capitol, mail
1.5	1.5				2.5	3/6	Audit/Investment Comm, mail
2.25	2.25	.5				3/7-12	Mail, agenda items, prep for cncl
		6	1.75		2.5	3/13	Special TC – gaming, STBC mtg, mail
2.25	2.25					3/14-15	Mail, agenda items
2.75	2.75				4	3/16	Special TC, mail
.5	.5	4				3/17	OR Tribes conf call, mail, agenda items
2	2	1				3/18-19	Mail, agenda items, prep for cncl
2.25	2.25					3/20	Governor's conf call on virus, mail
1.75	1.75					3/21-25	Mail, agenda items, news article
1	1	2.5				3/26	Special TC, OR Tribes conf call, mail, agenda items, prep for cncl
1.5	1.5	1				3/27	Special TC, conf call, mail, agenda
2.25	2.25	.25				3/28-31	Mail, agenda items, prep for cncl

Angela Ramirez - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1	1					3/1	Email, packets
1.25	1.25					3/2-3	Health Comm, sign checks
2	2					3/4-5	STAHS
					2.5	3/6	Casino event
5.5	5.5					3/7-8	STAHS
.75	.75				2	3/9	Housing Comm, travel to Salem
4.25	4.25				2	3/10	WOSU mtg, SVS board
.5	.5	1				3/11-12	Email, packets
		6			2.5	3/13	Special TC – gaming
.5	.5					3/14	Email, packets
1	1					3/16	Special TC
3	3					3/17-23	Email, packets, COVID calls
1.75	1.75					3/25	Special TC
		3				3/26-27	Special TC – gaming, gaming mtg
2.5	2.5					3/28-31	Email, packets

Selene Rilatos - 3/1/20-3/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1	1				1	3/4	Dr. Seuss
1.5	1.5				2	3/9	Chemawa, WOSU, packets
5	5				3	3/10	Chemawa, WOSU, school board
3	3				1	3/11-12	Interviews, packets
		6	1.75		2	3/13	Special TC – gaming, STBC mtg
1.5	1.5				1	3/16	Special TC, sign checks
4.25	4.5					3/17-20	Email, packets
.5	.5				1	3/23	COVID conf call
.5	.5				1.25	3/24	Email, packets, sign checks
1.75	1.75					3/25	Regular TC
.5	.5	2.25				3/26-27	Special TC - gaming, Special TC
1.75	1.75					3/30-31	Email, mail, conf call



Stay home. Be safe.

The beach will be waiting.

For up to date information visit chinookwinds.com





Walk the Walk

There was a little Siletz girl who lived, played, danced, loved to sing. Anxious to learn Tribal ways. Always encouraged to walk softly upon the land. Be respectful. Proud of her ancestors who walked the walk to lands unknown, enduring great sacrifices along this dreadful trek. Their fevered prayers, survival. That their children and children's children forever would live on. Carry Tribal stories, history around warm family fires.

Strength came from camaraderie. Both mental, physical in the darkness of the perilous night. Where a child's cry was comforted from hunger, fright. "Hush my child." Ancestors endured this treachery, cruelty where the blackness of despair was unbreathable pain, sickness. Strong cared for the weaker, vulnerable.

The Great Spirit became lost in a gray wet dawn. Shallow, silent whispers in darkened corners arose, to be herded along the rugged trail. A spark, strength riveted through this ragged little group. It was an echo passed along. As a whole, forget not one family, one child, whose footprints will be etched forever into enlightenment and an awakening of the people.

These are our stories, our dances, down through the ages of time. This is what this little girl believed upon. It is our way, a community raises a child. Unfortunately, her community left her behind, leaving a painful sob of rejection.

By putting this little Siletz girl out of sight, out of mind, by shoving her back into a silent corner, I believe we are disrespecting what our ancestor fought so hard to stay alive for, their precious child.

This I know, there are others who walk this jagged path. We as Tribal family need to bring them into their right of Tribal recognition.

We are charitable in many ways, this is good. But I believe charity begins at home. What is the price tag or value of integrity?

Our non-Tribal direct descendants should not become a throw-away piece of baggage or a commodity, or when we need a number count. Let's bring these valuable family members into our warm fires of hope and enlightenment and investment toward

One of this little Siletz girl's grandmothers, Lucy Dick, an ancestor who truly walked the walk, talked the talk. Suffering great loss of friends, family. Who persevered, with undying commitment, that our children's children forever would live on into our future.

Eva E. Clayton

Respectfully submitted,

OPEN HEARTS & OPEN HOMES

We are looking to certify Tribal homes as foster home resource placements. Please consider opening up your home for our Tribal children who are in need of foster care.

Families, couples & single adults can become certified foster home resources.

OUR CHILDREN NEED:

Permanent Care

Emergency Care* **Short-term Care

Please take the time to consider opening up your loving and safe home & sharing your lives with our precious Tribal children

Please contact our ICW Department for a foster home application today.

ICW: 541-444-8338





Happy 20th Birthday to my baby boy,



Happy 8th Birthday on May 17, my Sweet Pea Boogie Buns! Momma loves you to the moon and back.

Happy Birthday to Aunt Gloria and Kent Rilatos, also on May 17. Hope you both have an amazing day.

Selina and kids

I missed putting your 50th birthday in April's paper, so here it is now. Happy 50th to my amazing sister Shannon in Pendleton. I miss and love you lots, sister.

Be safe. Stay home. Stay well.



Happy 10th Birthday to Ella Cree Patrick on April 16! We're so proud of you. We hope all your wishes come true. Love you and like you always, Mom and Dad

Happy 19th Birthday, Andrew! We hope that this year your birthday is just the beginning of an unforgettable journey that will lead you to an even more amazing future.

Love, Mama, Floyd and Tehya

Free child ID kits from the Oregon State Police 503-934-0188 or 800-282-7155 child.idkits@state.or.us

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in Siletz News and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. Siletz News reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of Siletz News, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of Siletz News.

Editor-in-Chief: Tina Retasket Editor: Diane Rodriquez Assistant: Andy Taylor

2020 Out-of-Area Benefits

The Tribal Council has approved Out-of-Area Benefits for 2020. These benefits are for Tribal members who live outside the 11-county service area. To qualify, Tribal members must be registered for health care with the Siletz Community Health Clinic AND reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Purchased Referred Care.

All benefits are dependent on available funding.

Annually

\$2,000 Total in Medical + Mental Health + Dental + Hearing Plus \$500 Pharmacy Card Benefit Biannually

\$450 in total Vision Care for Adults* *Available Annually for Elders, Children, Students or Diabetics

Call PRC - 800-628-5720

Prior authorization by PRC is required and benefits must be used within 90 days. Any funds not used within 90 days, or claims not received, will be returned to the pool for redistribution. An individual can access benefits up to \$2,000 annually by calling on the authorization date. For example, an individual can call Jan. 2 for medical of \$500 and then call again Oct. 7 for dental of \$1,500 for a total of \$2,000. All benefits are subject to funding availability. When calling for pre-authorization, PRC will authorize for household members only. Voice messages do not hold funds, the individual must speak to PRC staff and obtain an out-of-area (OOA) number to secure funds.